

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2018

## Village Programs

Activities are subject to change – see Daily Activity Sheet

<p>10:30-11:30 May Puzzles (Program Table) 12:30-2:00 Sunday Meal 3:00-4:00 Sunday Worship Service (Comm.) T 6:30-8:30 Movie Night – Romance Classics “Beyond Tomorrow” T</p>	<p>9:00-9:30 Village Songbirds L <b>9:30-9:45 Blood Pressure Checks w/ Genesis DP</b> 9:45-10:15 Yoga w/ Lynn T <b>10:15-11:45 Wellness at The Y</b> 10:30-11:00 Category Trivia T 1:30-2:30 Bingo T <b>2:45-4:15 Library Visit</b> 6:30-8:00 Card Games PD</p>	<p>9:45-10:15 Exercise Video T 10:30-11:00 British Humor T 1:15-2:00 Resident Council / Program Meeting T 2:00-3:30 Bus to Kroger / Mall 6:30-7:15 Bible Study T</p> <p><b>Manicures 10-5 BS</b> <small>May Day</small></p>	<p>9:00-9:30 Village Songbirds L 9:45-10:15 Exercise Game T <b>10:30-11:00 Medicine Talk with Encompass T</b> 1:00-1:30 Catholic Communion 3 <b>2:00-3:00 Flower Crafting with Margaret DP</b> <b>3:00-4:00 Faye Cooley on Piano L</b></p>	<p>9:45-10:15 Exercise w/ Genesis 10:30-11:15 Black Jack DP <b>1:00-2:00 Paul Sink on Guitar T</b> <b>1:00-4:00 Beltone Clinic B</b> 2:00-3:30 Bus to Wal-Mart <b>5:00-8:00 TO-GO Dinner &amp; Outdoor Concert at Hollins College (bring a chair)</b> 6:30-7:30 Great Courses T</p>	<p>9:00-9:30 Village Songbirds L 9:45-10:15 Stretching Video T <b>10:15-11:45 Wellness The Y</b> <b>11:30-1:30 Lunch at Lews</b> 10:30-11:15 Memory Fitness DP 1:30-2:30 Bingo T <b>2:45-4:15 Mystery Ride with Rusty</b></p>	<p>9:00-9:30 Village Songbirds L 9:45-10:15 Exercise Video T 10:30-11:00 Resident Circle Meeting 4 11:00-11:30 Cinco de Mayo Puzzles (Program Table) <b>11:30-1:00 Mexican Themed Meal for Cinco de Mayo</b> <b>3:00-4:00 Violinist Christopher Price Performs L</b> <small>Cinco de Mayo</small></p>
<p>10:30-11:30 May Puzzles (Program Table) 12:30-2:00 Sunday Meal 3:00-4:00 Sunday Worship Service (Comm.) T 6:30-8:30 Movie Night – Romance Classics “Beyond Tomorrow” T</p>	<p>9:00-9:30 Village Songbirds L <b>9:30-9:45 Blood Pressure Checks w/ Genesis DP</b> 9:45-10:15 Yoga w/ Lynn T <b>10:15-11:45 Wellness at The Y</b> 10:30-11:00 Category Trivia T 1:30-2:30 Bingo T <b>2:45-4:15 Library Visit</b> 6:30-8:00 Card Games PD</p>	<p>9:45-10:15 Towel Exercises T <b>10:30-11:15 Pet Visits T</b> <b>11:30-1:30 Lunch at Abuelo’s Mexican Restaurant</b> <b>1:30-2:30 Music by Robbie &amp; Betty Vance L</b> 2:00-3:30 Bus to Kroger / Mall 6:30-7:15 Bible Study T</p>	<p>9:00-9:30 Village Songbirds L 9:45-10:15 Exercise Game T <b>10:30-11:30 Making Gift Bags for Nurses Week DP</b> <b>12:00-1:00 Village Residents Retired Nurses Luncheon PD</b> 2:00-3:00 Planting Flowers (outside circle) <b>6:15-9:00 Salem Red Sox Game (\$11)</b></p>	<p>9:45-10:15 Exercise w/ Genesis T <b>10:30-11:00 Welcoming Committee Meeting T</b> 2:00-3:30 Bus to Wal-Mart <b>2:00-3:00 Singer &amp; Guitarist Cameron Sutphin Performs from Nashville, TN L</b> 6:30-7:30 Great Courses T</p>	<p>9:00-9:30 Village Songbirds L 9:45-10:15 Stretching T <b>10:15-11:45 Wellness at The Y</b> 10:30-11:30 Huge Scrabble Game DP 1:30-2:30 Bingo T <b>3:00-4:00 PO KE NO DP</b></p>	<p>9:00-9:30 Village Songbirds L 9:45-10:15 Exercise Video T 10:30-11:00 Resident Circle Meeting 4 <b>1:30-2:30 The Village’s Annual Mother’s Day Tea PD</b></p>
<p>10:30-11:00 Mother’s Day Puzzles (Front Desk) 12:30-2:00 Sunday Meal 3:00-4:00 Sunday Worship Service T 6:30-8:30 Movie Night “Stepmom” T</p> <p><small>Mother’s Day</small></p>	<p>9:00-9:30 Village Songbirds L <b>9:30 BP Checks w/ Genesis DP</b> 9:45-10:15 Yoga w/ Lynn T <b>10:15-11:45 Wellness at The Y</b> 1:30-2:30 Bingo T <b>2:45-4:15 Trip to Dollar Tree, Big Lots, or Kohl’s</b> 6:30-8:00 Card Games PD</p>	<p>9:45-10:15 Exercise Video T 10:15-10:45 Modern Trivia T <b>11:30-1:00 Lunch &amp; Learn: Roanoke City Sheriff’s Office (RSVP) T</b> 2:00-3:30 Bus to Kroger / Mall 6:30-7:15 Bible Study T</p> <p><b>Manicures 10-5 BS</b></p>	<p>9:00-9:30 Village Songbirds L 9:45-10:15 Exercise Game T 12:30-? Bridge Club PD 1:00-1:30 Catholic Communion 3 <b>2:00-3:00 Laughter Program w/ Charlene T</b> <b>4:30-6:30 Dinner at Outback Steakhouse</b> <small>First Day of Ramadan</small></p>	<p>9:45-10:15 Exercise w/ Genesis T <b>10:30-11:15 Travelogue: “Feeling Positive in Cornwall” T</b> <b>1:00-3:00 Painting Ceramics DP</b> 2:00-3:30 Bus to Wal-Mart 2:00-3:00 Billiards B 6:30-7:30 Great Courses T</p>	<p>9:00-9:30 Village Songbirds L 9:45-10:15 Stretching Video T <b>10:15-11:45 Wellness The Y</b> 10:30-11:15 Memory Fitness DP 1:30-2:30 Bingo T <b>2:45-4:15 Mystery Ride with Rusty</b></p>	<p>9:00-9:30 Village Songbirds L 9:45-10:15 Exercise Video T 10:30-11:00 Resident Circle Meeting 4 10:45-11:30 Black Jack DP <b>2:00-3:30 Armed Forces Day Bash with Music by Stone Coal Gap L</b> <small>Armed Forces Day</small></p>
<p>10:30-11:30 Checkers DP 12:30-2:00 Sunday Meal <b>2:00-3:00 Devotion, Crafts, &amp; Snacks with Oakland Baptist Church</b> 3:00-4:00 Sunday Worship Service T 6:30-8:30 Movie Night – Romance Classics “The Marines Are Coming” T</p> <p><small>First Day of Shavuot</small></p>	<p>9:00-9:30 Village Songbirds L <b>9:30 BP Checks w/ Genesis DP</b> 9:45-10:15 Yoga w/ Lynn T <b>10:00-12:00 Games &amp; Crafts with Green Valley Elementary</b> <b>10:15-11:45 Wellness at The Y</b> 10:30-11:00 Jeopardy Trivia T 1:30-2:30 Bingo T <b>2:45-4:15 Library Visit</b></p>	<p>9:45-10:15 Towel Exercises T <b>10:30-11:15 Joy In My Heart: “Bible Trivia” T</b> <b>11:30-1:30 Lunch at Montano’s</b> <b>2:00-3:00 Music by Marc Baskind L</b> 2:00-3:30 Bus to Kroger / Mall 6:30-7:15 Bible Study T</p>	<p>9:00-9:30 Village Songbirds L 9:45-10:15 Exercise Game T <b>10:00-10:30 SPCA Dog Visits L</b> <b>12:00-2:00 EMS BBQ</b> 12:30-? Bridge Club PD <b>2:00-3:00 Faye Cooley on Piano L</b></p>	<p>9:45-10:15 Exercise w/ Genesis T <b>10:30-11:15 Card Making DP</b> 2:00-3:30 Bus to Wal-Mart 2:00-3:00 Billiards B 6:30-7:30 Great Courses T</p>	<p><b>9:00-10:00 Allegro T</b> <b>10:15-11:45 Wellness at The Y</b> 10:30-11:30 Huge Scrabble Game DP 1:30-2:30 Bingo T 3:00-4:00 Let’s Play Pool! B</p>	<p>9:45-10:15 Exercise Video T 10:30-11:00 Resident Circle Meeting 4 <b>11:15-2:00 Picnic Lunch from The Roanoker at Valhalla Vineyards</b> 2:00-4:00 Movie Matinee – Romance Classics “The Eagle” T</p>
<p>10:30-11:30 Card Game DP 12:30-2:00 Sunday Meal 3:00-4:00 Sunday Worship Service T 6:30-8:30 Movie Night – Romance Classics “The Rage of Paris” T</p>	<p><b>NO TRANSPORTATION / TRIPS</b> 9:00-9:30 Village Songbirds L 9:45-10:15 Yoga Video T 10:30-11:00 What War Was It? Trivia Packet (Front Desk) 2:00-3:00 Memorial Day Puzzles (Front Desk)</p> <p><small>Memorial Day</small></p>	<p>9:45-10:15 Exercise Video T 10:30-11:00 Jeopardy Trivia #2 T 1:15-2:00 Chefs’ Meeting T 2:00-3:30 Bus to Kroger / Mall <b>3:00-4:00 Heartland Support Group T</b> 6:30-7:15 Bible Study T</p> <p><b>Manicures 10-5 BS</b></p>	<p>9:00-9:30 Village Songbirds L <b>9:30 BP Checks w/ Genesis DP</b> 9:45-10:15 Exercise Game T <b>10:15-3:00 VA DARE Hor D’oeuvres Lunch &amp; Cruise</b> 12:30-? Bridge Club PD 1:00-1:30 Catholic Communion 3 <b>2:00-3:00 Birthday Celebration with RagTop L</b></p>	<p>9:45-10:15 Exercise w/ Genesis 10:30-11:15 London Scavenger Hunt T 2:00-3:30 Bus to Wal-Mart <b>2:00-3:00 Amedysis Speaks on Stroke Prevention T</b> <b>5:00-6:00 Dinner w/ Executive Director, Anna (RSVP Required – Sign up at Front Desk) PD</b> 6:30-7:30 Great Courses T</p>	<div style="text-align: center;">  <p><b>THE VILLAGE</b> ON PHEASANT RIDGE</p> </div> <p><b>Location Key:</b> DP: Dr. Pepper Room, T: Theater, L: Lobby, PD: Private Dining Room, BS: Beauty Shop, B: Billiard Room, 3: 3<sup>rd</sup> Floor, 4: 4<sup>th</sup> Floor</p> <p>Happy Hour: Monday – Saturday 4pm-5pm – Pub</p>	

The Village on Pheasant Ridge, 4428 Pheasant Ridge Road, Roanoke, VA 24014

540.400.6482

Brianna Hodges, Life Enrichment Director